



## Adolescent and Young Adults Health Risk Behavior Assessment Guideline Supplement: Resources and Links

### Screening categories:

#### 1) Interpersonal Aggression and Violence

- a) [CDC - VetoViolence](#)
- b) [Futures Without Violence: Children, Youth & Teens](#)
- c) [CDC Connecting the Dots: An Overview of the Links Among Multiple Forms of Violence](#)
- d) [MDHHS Domestic and Sexual Violence](#)

#### 2) Preventable Injury

- a) [Children's Safety Network: Injury Prevention Topics](#)

#### 3) Substance Use (including Overdose)

- a) [Behavioral Health Recovery & Substance Use](#) (Michigan)
- b) [CRAFFT-N](#) (Car, Relax, Alone, Forget, Family/Friends, Trouble, Nicotine)

#### 4) Sexual Behaviors and Identity

- a) [AAP News & Journals: Adolescent Sexuality](#)
- b) [Michigan Dept. of Health and Human Services: Teen Pregnancy Prevention Initiative](#)
- c) [CDC: Preventing Teen Pregnancy](#)

#### 5) Nutrition, Physical Activity and Sleep

- a) [CDC: Promoting Healthy Eating and Physical Activity for a Healthy Nation](#)
- b) [Johns Hopkins Bloomberg School of Public Health: Obesity: Nutrition and Exercise](#)
- c) [AAP Policy Statement School Starts Times for Adolescents: Abstract](#)

#### 6) Social Determinants of Health

- a) [American Academy of Pediatrics STAR Center: Social Determinants of Health](#)

#### 7) Adverse Childhood Experiences

- a) [Futures Without Violence: Children, Youth & Teens](#)
- b) [MDHHS Domestic and Sexual Violence](#)
- c) [CDC Adverse Childhood Experiences \(ACEs\)](#)

#### 8) Behavioral Health Disorders

- Depression: [PHQ-2](#), [PHQ-9](#), [PHQ-9M](#)  
Anxiety: [GAD2](#), [GAD7](#)

#### 9) Human Trafficking/Sex Trafficking

- a) U.S. National Human Trafficking Hotline: (888) 373-7888
- b) U.S. Immigration and Customs Hotline: (866) 347-2423
- c) [Homeland Security Blue Campaign. One Voice. One Mission. End Human Trafficking](#)
  - 1. [Indicators of Human Trafficking](#)
  - 2. [Homeland Security Blue Campaign Resources](#)
- d) [Michigan Human Trafficking Task Force](#)
- e) [Manasseh Project: Ending Sexual Exploitation of Children](#)

#### 10) Protective Factors

- a) [CDC Protective Factors](#)