



Michigan Quality Improvement Consortium Clinical Practice Guideline Update Alert

Guideline: [Adolescent and Young Adult Health Risk Behavior Assessment](#)

Released: November 2022

This alert provides a summary of only the recommendations which were updated. Refer to the complete guideline for all recommendations and level of evidence.

Updated recommendations include:

Eligible Population

- Revised Patients “10-21” years of age
- Added parents “/or guardians”

Key Components

- Added **SCREEN**: ... “See supplemental resources document for the 10 health domains”
- Added **EMPOWER**: Create an environment that encourages and supports strength, autonomy, and confidence

Recommendation

EMPOWER

- Added “...including [taking care of their own health needs](#).”
- Revised/Added “Encourage support, understanding, and positive communication among parents/guardians or other trusted adults to foster strong relationships, reduce risk, and encourage youth in [taking care of their own health needs](#).”
- Added “Provide education and resources to parents/guardians or other trusted adults to support transitional healthcare, as developmentally appropriate.”

Comprehensive updates include:

- Language changed to be more consistent and inclusive
- Reorganization of the assessment area for the 10 domains to correspond with assessment from a client strengths-based assessment and circumstances
 - Organized risk assessment from least invasive to more invasive questions
 - Added explanations for each topic domain
- Included and hyperlinked additional resources
- Updated “resources” document mentioned in **SCREEN** section and **ENGAGE** section

Updated References

[Bright Futures](#)

[AAP Preventive Pediatric Health Care Schedule](#) ⁽²⁰²²⁾; [AAP Bright Futures Guidelines and Pocket Guide](#) ^(4/26/22);

[AAP Bright Futures Pocket Guide, 4th Ed.](#) ⁽²⁰²²⁾; [AAP Unique Needs of the Adolescent](#) ⁽²⁰¹⁹⁾.